SSP AUTUMN WINTER MENU 2026 / 2027

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		MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
WEEK ONE 02/11/26 23/11/26 14/12/26 18/01/27 08/02/27 08/03/27	Option One	Beetroot & Lentil Burger in a Bun with Potato Wedges **(VE)**	Mild Caribbean Chicken with Rice	Roast Chicken, Stuffing, Roast Potatoes & Gravy	Sticky Chicken Noodles	Fishfingers or Salmon Fishfingers with Chips & Tomato Sauce
	Option Two	Soya Mince Lasagne **(V)**	Plant Balls in Tomato Sauce with Rice **(VE)**	Vegetarian Wellington with Roast Potatoes & Gravy **(VE)**	Quorn & Lentil Tikka Masala with Rice **(VE)**	Cheese & Bean Pasty with Chips and Tomato Sauce **(V)**
	Option Three	Tomato Arrabiata Wholemeal Pasta **(VE)**	Jacket Potato with Tuna Mayonnaise	Jacket Potato with Baked Beans **(VE)**	Jacket Potato with Quorn & Lentil Tikka Masala **(VE)**	Green Mac and Cheese **(V)**
	Sides	Sweetcorn/Green Beans **(V/VE)**	Peas/Cauliflower **(V/VE)**	Roasted Carrots/Green Cabbage **(V/VE)**	Mediterranean Vegetables **(V/VE)**	Baked Beans/Garden Peas **(V/VE)**
	Dessert	Cheese & Crackers **(V)**	Apple Cake with Custard **(V)**	Fruit Medley **(VE)**	Jelly with Mandarins **(VE)**	Syrup Sponge with Custard **(V)**
WEEK TWO 09/11/26 30/11/26 04/01/27 25/01/27 22/02/27 15/03/27	Option One	Classic Cheese and Tomato Pizza with Wedges **(V)**	Chicken Meatballs in Tomato Sauce with Rice	Roast Chicken Stuffing, Roast Potatoes and Gravy	Greek Chicken Pitta with Potato Wedges	Breaded Fish or Fishfingers with Chips and Tomato Sauce
	Option Two	Mexican Bean Roll with New Potatoes **(VE)**	Vegan Bolognaise with Spaghetti **(VE)**	Vegetable Pie, Roast Potatoes and Gravy **(V)**	Creamy Chickpea and Coconut Curry with Rice **(VE)**	Cheesy Broccoli Frittata with Chips and Tomato Sauce **(V)**
	Option Three	Jacket Potato with Tuna Mayonnaise	Jacket Potato with Baked Beans **(VE)**	Tomato and Butterbean Pasta **(VE)**	Jacket Potato with Chickpea Curry **(VE)**	Lentil and Tomato Wholemeal Pasta **(VE)**
	Sides	Carrots/Peas **(V/VE)**	Sweetcorn/Cauliflower **(V/VE)**	Broccoli /Sliced Carrots **(V/VE)**	Fresh Seasonal Vegetables**(V/VE)**	Baked Beans/Garden Peas**(V/VE)**
	Dessert	Gingerbread Cookie **(VE)**	Chocolate and Beetroot Brownie with Chocolate Sauce **(V)**	Fruit Salad **(VE)**	Chicken Pasta Bake with Custard **(V)**	Vanilla Shortbread **(VE)**
WEEK THREE 16/11/26 07/12/26 11/01/27 01/02/27 01/03/27 22/03/27	Option One	Macaroni Cheese **(V)**	Chicken Tikka Masala with Rice	Chicken Sausage with Seasoned Potatoes and Gravy	Sticky Toffee Apple Crumble	Fishfingers with Chips & Tomato Sauce
	Option Two	Five Bean Chilli with Rice **(VE)**	Tomato Pasta **(VE)**	Vegan Sausage & Seasoned Potatoes with Gravy **(VE)**	Caribbean Stew with Golden Rice **(VE)**	Cheese & Pepper Whirl with Chips & Tomato Sauce
	Option Three	Jacket Potato with Five Bean Chilli **(VE)**	Jacket Potato with Chicken Tikka Masala	Wholemeal Vegetable Pasta Bake **(VE)**	Creamy Butternut Squash Pasta Bake **(V)**	Jacket Potato with Tuna Mayonnaise
	Sides	Sweetcorn/Peas **(V/VE)**	Autumn Veg **(V/VE)**	Cauliflower/Broccoli **(V/VE)**	Vegetables Medley **(V/VE)**	Baked Beans/Garden Peas **(V/VE)**
	Dessert	Oaty Cookie **(VE)**	Apple Crumble with Custard **(V)**	Fruit Salad **(VE)**	Jamaican Ginger Cake with Custard **(V)**	Iced Sponge **(V)**

MENU KEY:

Whole grain

Plant based

(VE) Vegan

(V) Veggie

AVAILABLE DAILY: Salad Bar, Freshly Baked Bread, Fresh Fruit, Yoghurt

If you would like to know about particular allergens in foods, please ask a member of the catering team for information. If your child has a school lunch and has a food allergy or intolerance you will be asked to complete a form to ensure we have the necessary information to cater for your child. We use a large variety of ingredients in the preparation of our meals and due to the nature of our kitchens it is not possible to completely remove the risk of allergen cross contact.

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		MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
WEEK ONE	Option One	**BB3** Beetroot and Lentil Burger in a **SD17** Bun with **SD6** Potato Wedges	**C102** Mild Caribbean Chicken with **GR5** Golden Rice	**C4 C5** Roast Chicken, **SD40** Stuffing, **SD82** Roast Potatoes and **SD118** Gravy	**C117** Sticky Chicken Noodles	**F6** Fishfingers or **F1** Salmon Fishfingers with **SD5** Chips and **SD14** Tomato Sauce
	Option Two	**V242** Soya Mince Lasagne	**V237 V225** Plant Balls in Tomato Sauce with **SD84** Rice	**V232** Vegetarian Wellington with **SD82** Roast Potatoes and **SD118** Gravy	**V347** Quorn and Lentil Tikka Masala with Rice	**V191** Cheese and Bean Pasty with **SD5** Chips and **SD14** Tomato Sauce
	Sides	**V188 SD11** Tomato Arrabiata Pasta	**SD55** Jacket Potato with **F12** Tuna Mayonnaise	**SD55** Jacket Potato with **SD22** Baked Beans	**SD55** Jacket Potato with **V347** Quorn and Lentil Tikka Masala	**MC12** Green Mac and Cheese
	Dessert	Vegetables of the Day	Vegetables of the Day	Vegetables of the Day	Vegetables of the Day	Vegetables of the Day
		D56 Cheese and Crackers	**D189** Apple Cake with **D2** Custard	**D224** Fruit Medley	**D235** Jelly with Mandarins	**D197** Syrup Sponge with **D2** Custard
WEEK TWO	Option One	**V346** Classic Cheese and Tomato Pizza with **SD6** Wedges	**C103** Chicken Meatballs in **V225** Tomato Sauce with **SD84** Rice	**C4 C5** Roast Chicken, **SD40** Stuffing, **SD82** Roast Potatoes and **SD118** Gravy	**GR1** Greek Chicken Pitta with **SD6** Potato Wedges	**F7** Breaded Fish or **F6** Fishfingers with **SD5** Chips and **SD14** Tomato Sauce
	Option Two	**V161** Phat Mexican Bean Roll with **SD2** New Potatoes	**V233** Vegan **SD8** Spaghetti Bolognaise	**V19** Vegetable Pie, **SD82** Roast Potatoes and **SD118** Gravy	**V303** Creamy Chickpea and Coconut Curry with **SD84** Rice	**V336** Cheesy Broccoli Frittata with **SD5** Chips and **SD14** Tomato Sauce
	Sides	**SD55** Jacket Potato with **F12** Tuna Mayonnaise	**SD55** Jacket Potato with **SD22** Baked Beans	**V188 SD11** Tomato Arrabiatta Pasta	**SD55** Jacket Potato with **V303** Creamy Coconut and Chickpea Curry	**V160 SD9** Lentil and Tomato Wholemeal Pasta
	Dessert	Vegetables of the Day	Vegetables of the Day	Vegetables of the Day	Vegetables of the Day	Vegetables of the Day
WEEK THREE	Option One	**V318** Macaroni Cheese **D267** Gingerbread Cookie	**C35** Chicken Tikka Masala **D169** Chocolate and Beetroot Brownie with **D3** Chocolate Sauce	**C6** Sausage with **SD6** Seasoned Potatoes and **SD118** Gravy **D225** Fruit Salad	**C101** Chicken Pasta Bake Crumble with **D2** Custard	**F6** Fishfingers with **SD5** Chips and **SD14** Tomato Sauce **D57** Vanilla Shortbread
	Option Two	**V239** Five Bean Chilli with **SD84** Rice	**V302** Tomato Pasta	**V238** Vegan Sausage with **SD6** Seasoned Potatoes and **SD118** Gravy	**V306** Caribbean Stew with **GR5** Golden Rice	**V27** Cheese & Pepper Whirl with **SD5** Chips & **SD14** Tomato Sauce
	Sides	**SD55** Jacket Potato with **V239** Five Bean Chilli	**SD55** Jacket Potato with **C35** Chicken Tikka Masala	**V73** Wholemeal Vegetable Pasta Bake	**V326** Creamy Butternut Squash Pasta Bake	**SD55** Jacket Potato with **F12** Tuna Mayonnaise
	Dessert	Vegetables of the Day	Autumn Veg PR1S48	Vegetables of the Day	Vegetables of the Day	Vegetables of the Day

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AVAILABLE DAILY: Salad Bar, Freshly Baked Bread, Fresh Fruit, Yoghurt

D85 Oaty Cookie | **D242** Apple Crumble with **D2** Custard | **D225** Fruit Salad | **D265** Jamaican Ginger Cake with **D2** Custard | **D177** Iced Sponge

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