



Vocabulary is specified in every Ten Ten unit, taught explicitly within the lesson and expected in discussion and in floor-book work. Units run in the order shown in the Long Term Plan; a blank cell means that year group does not teach that unit in this year of the two-year cycle.

Year	Unit 1	Unit 2	Unit 3	Unit 4	Unit 5	Unit 6	Unit 7
Nursery	Religious Understanding: Handmade With Love creation God dark still light daytime night-time sky sea land plants sun moon stars fish birds animals people man woman Adam Eve children special earth love rest one two three four five six seven first second third fourth fifth sixth	Religious Understanding: Role Model Bible story God's family Jesus role model example love sharing caring being kind please thank you helping	Personal Relationships: Who's Who family friends others mum dad sister brother auntie uncle grandad teacher priest cousin gardener police officer post delivery person shopkeeper classmates special people trust love care God's family You've Got a Friend in Me friend nice kind friendly generous fair honest loyal patient trusting caring respectful unkind hurtful mean rough mistakes forgiveness inappropriate good/bad friend Jesus Forever Friends friend kind listen share care fair sorry mistakes forgiveness choice feeling forget hurt Jesus role model courage	Life Online: What is the Internet? internet network connect computers information device phone/smartphone laptop tablet shopping video call YouTube game moderation expensive careful trust strength gift Playing Online internet network connect computers information device phone/smartphone laptop tablet safe unsafe appropriate website advert pop-up comforting reassuring peaceful protected happy free God's gift	Keeping Safe Safe Inside and Out accident safe unsafe outside inside online helmet stabilisers seat belt suncream hat water inflatable ring armbands roads oven radiator washing capsule/powder cleaning products iron plug sockets matches knives wet floor bodies minds God's gift My Body, My Rules safe loving caring listening helping friend rules boundaries behaviour un/acceptable privates are private underwear worried grumpy cross sad upset special people Feeling Poorly poorly sick hurting sore throat headache medicine tablets liquids needles feeling better throat sweets drugs harm special people doctor God bodies gift People Who Help Us help lollipop person mechanic dentist builder plumber nurse vet doctor firefighter police officer paramedic emergency serious dangerous unexpected immediate police car fire engine/truck ambulance First Aid injury hurt	Religious Understanding God is Love Holy Trinity of God Father Son Holy Spirit three in one three persons made in the image of God care love God love others Loving God, Loving Others Holy Trinity of God Father Son Holy Spirit three in one made in the image of God care love God love others community school family friends Church neighbours villages towns cities counties countries world action incredible miracle	Living in the Wider World Me, You, Us love community school family friends Church neighbours villages towns cities counties countries world respect different unique responsibility charity people planet creation
Reception	Religious Understanding: Handmade With Love creation God dark still light daytime night-time sky sea land plants sun moon stars fish birds animals people man woman Adam Eve children special earth love rest one two three four five six seven first second third fourth fifth sixth	Me, My Body, My Health I am Me similar different same unique special God's children love likes dislikes gifts talents skills Heads, Shoulders, Knees and Toes running jumping hopping climbing balancing walking crawling flapping pointing splashing waving bending stamping shaking smiling talking eating drinking singing drawing dancing sleeping playing laughing painting building hugging kissing head hair eyes ears mouth shoulders back arm fingers thumb nose hand elbow leg foot knees toes Ready Teddy? ready prepared responsibility duty body gift God look after creation trust special job diet exercise sleep keeping	Emotional Well-being I Like, You Like, We All Like! like dislike similar different good bad gifts talents special unique loved God happy share thank you rest play safe needs respect All The Feelings! feelings inside happy sad angry cross mad frightened worried surprised difficult pleasurable information trusted adult God's love help comfort welcome Let's Get Real! feelings actions consequences thinking important amazing happy proud embarrassed sad left out angry upset annoyed ashamed mean forgiveness behaviour mistakes God's love	Life Cycles Growing Up growing changing life cycle human baby older baby toddler child older child teenager adult elderly person God's plan responsibility loving kind generous New People, New Places change classroom teachers classmates friends feelings experiences rules routines growing up looking forward Year 1 move transition God's love God's plan	Religious Understanding God is Love Holy Trinity of God Father Son Holy Spirit three in one three persons made in the image of God care love God love others Loving God, Loving Others Holy Trinity of God Father Son Holy Spirit three in one made in the image of God care love God love others community school family friends Church neighbours villages towns cities counties countries world action incredible miracle	Living in the Wider World Me, You, Us love community school family friends Church neighbours villages towns cities counties countries world respect different unique responsibility charity people planet creation When I Grow Up... work jobs earn money pay for things provide needs God's plan help others strengths gifts talents thankful Money Doesn't Grow On Trees! want need money value coins notes buy save cost price God's love family friendship free	

		clean brush teeth flush the toilet wash hands brush hair					
Year 1	Religious Understanding Let the Children Come special important worthy valuable unique individual Kingdom of Heaven welcome faith purpose happy body mind spirit	Religious Understanding God Loves You naughty mistakes abandon forgive sorry God's love inheritance sin	Personal Relationships Special People family mum dad brother sister grandma grandad friend priest special loving listen safe responsible adult Treat Others Well... behaviour appropriate inappropriate OK not OK nasty mean teasing bullying rude lies generous helpful honest unfair jealous welcoming selfish fun good listener fair trust steal hurt ...and Say Sorry! fault blame forgiveness argument responsible sorry feelings actions trust hurt mistakes sin	Keeping Safe Good Secrets and Bad Secrets good secret bad secret surprise safe unsafe temporary forever trust threat guilty private matter Physical Contact body God respect gift appropriate inappropriate PANTS rules private physical touch positive negative feelings affection safe unsafe necessary unnecessary permission secret trust comfortable uncomfortable Harmful Substances medicines drugs alcohol cigarettes tobacco un/harmful substance addictive nicotine pills consume smoke bleach needles liquids doctor pharmacy Can You Help Me? (Part 1) emergency police officer fire brigade firefighter ambulance paramedic vaccine 999 injury sick pain struggling car crash help caution germs Can You Help Me? (Part 2) emergency police fire brigade ambulance paramedic 999 injury help twists sprains RICE (Rest, Ice, Compression, Elevation) burns cuts	Religious Understanding Three in One Holy Trinity God the Father God the son (Jesus) God the Holy Spirit Sign of the Cross persons love designed triangle Who is My Neighbour? community neighbour Holy Trinity God the Father God the son (Jesus) God the Holy Spirit love The Good Samaritan	Living in the Wider World The Communities We Live In community consequences responsibilities national global school parish home receptionist teacher teaching assistant caretaker cleaner headteacher priest altar server reader choir recycling litter respectful graffiti Who Will I Be? job work community money boys girls equality created by God unique strengths gifts talents satisfaction fulfilment God's call vocation God's plan	PIXL Financial Education Package Session 1: Let's Talk Financial Wellbeing: How Does Money Make Me Feel? choice, money, cash, coins, notes, give, receive, emotions, spend, save, happy, sad, cross, frustrated
Year 2	Religious Understanding Let the Children Come special important worthy valuable unique individual Kingdom of Heaven welcome faith purpose happy body mind spirit	Me, My Body, My Health I am Unique (Me) unique special similarities differences individual gifts talents skills Girls and Boys (My Body) similarities differences gender stereotypes equal value worth favourite interests personality physical appearance shoulders legs arms ears head genitalia scientific penis testicles vulva vagina urethra private Clean and Healthy (My Health) care special good super balanced diet clean wash brush sleep teeth hair body hygiene healthy	Emotional Well-Being Feelings, Likes and Dislikes like/dislike love/hate prefer feelings positive/negative loved respected safe excited frightened worried happy sad annoyed bored sleepy calm Feeling Inside Out feelings actions choice extremely very a little bit fight angry annoyed negative positive Super Susie Gets Angry feelings actions consequences choice mistakes sorry forgiveness God Jesus Sin separate friends Garden of Eden die Cross Sacrament of Reconciliation	Life Cycles The Cycle of Life different similar special growing changing God's plan God's love baby child teenager adult elderly person Beginnings and Endings beginning ending middle birth lifetime death heaven God's love baby child teenager adult elderly person natural life cycle grief loss sad grumpy angry confused hard to concentrate lonely shocked puzzled messy hope Change Is All Around change grow seasons life-cycle expected unexpected similarities differences God's plan growing up moving on transition manage feelings emotions support	Life Online Real Life Online internet network computer laptop tablet phone devices online offline shopping games directions social media photos email video calls instant messaging videos real feelings happy sad annoyed scared bored disgusted calm trust special person rules peace Rules To Help Us safe unsafe online offline rules help internet screen time moderation pop-ups website games appropriate block report delete warm comforted reassured peaceful happy protected free tablet laptop phone helmet oven gloves seatbelt sunscreen hat map stop look listen stabilisers armbands	Religious Understanding Three in One Holy Trinity God the Father God the son (Jesus) God the Holy Spirit Sign of the Cross persons love designed triangle Who is My Neighbour? community neighbour Holy Trinity God the Father God the son (Jesus) God the Holy Spirit love The Good Samaritan	Living in the Wider World The Communities We Live In community consequences responsibilities national global school parish home receptionist teacher teaching assistant caretaker cleaner headteacher priest altar server reader choir recycling litter respectful graffiti Needs and Wants needs wants exchange value cost choice spend save give important valuable look after God's love
Year 3	Religious Understanding "Get Up!" God Jesus faith dead alive love eternal new life heaven sin forgive precious conception individual renewed make a difference Jairus synagogue The Sacraments Sacrament Reconciliation Baptism visible/invisible water white clothing candle love sorry oils (Catechumens and	Religious Understanding Jesus, My Friend forgiveness parable The Prodigal Son inheritance friendships relationships brothers father sons jealous sin action attitude choice celebrate welcome reconciliation	Personal Relationships Family, Friends and Others relationship family friend other detective half-brother/sister aunt/uncle grandparents passed away argument adopted God's family the Church qualifies kindness listening honesty trust encouragement patience forgiveness respect loyalty fun sorry	Life Online Sharing Online safety digital world websites apps online sharing personal information private things dangers age restrictions cyberbullying consequences trusted adult independence responsibility Chatting Online sharing online website safety cyberbullying danger signs trusted adult	Keeping Safe Safe in My Body safe people places rules boundaries physical abuse deliberate accident on purpose harm injury emotional abuse criticising threatening shaming abuse of private parts vulva breasts penis testicles inappropriate touching viewing trusted adult support Recognising Risk	Religious Understanding A Community Of Love Holy Trinity God Father Son (Jesus) Holy Spirit community of love mystery of faith married family signs symbols kind generous loving wise merciful good listening What Is The Church? Holy Trinity God Father Son (Jesus) Holy Spirit family Church Mass sacrament	Living in the Wider World How Do I Love Others? Church care love noticed respected included recognised appreciated secure not alone charity caritas generous love Emmaus homeless companions injustice prayer Working Together job work wages salary payment happiness meaning fulfilment vocation

	Chrim) commandments forgive purpose examination of conscience		When Things Feel Bad left out good bad feelings bullying physical emotional banter clique pressure resilience harassment exploitation Balancing Needs friendship group needs boundary compromise respect balance relationship choices responsibility strategies	report online personal details inappropriate content messages personal safety	recognise reduce risk personal safety rules hazard harm injury level crossing danger safe unsafe consequences responsibility manage zebra crossing pelican crossing coastguard lifeguard Drugs, Alcohol and Tobacco drugs legal medicine illegal recreational doctor pharmacy alcohol perception judgement responsibility moderation addiction smoking tobacco chemical Nicotine tar Carbon Monoxide Oxygen brain heart lungs teeth skin blood carcinogens cancer First Aid Heroes First Aid illness injury assistance emergency 999 doctor paramedic calm rest ice compression elevation collapse fire smoke drowning burn hero award courage strong brave difficulty trust Rights and Responsibilities rules law government parliament democracy rights human rights respect dignity fairness equality liberty freedom responsibility compassion discrimination diversity protect differences Body of Christ	Community worship generous The Common Good The Human Person Social Relationships Stewardship Everyone is included, no-one left behind	stereotypes opportunities goal setting learning life skills God's plan PIXL Financial Education Package Session 1: Let's Talk Financial Wellbeing: How Can I Stay Safe With Money? banks, banks accounts, digital banking, saving, safe, plastic money, cash, banks, virtual money, contactless cards, pounds, pence, money, contactless, phone payment, safety, digital
Year 4	Religious Understanding "Get Up!" God Jesus faith dead alive love eternal new life heaven sin forgive precious conception individual renewed make a difference Jairus synagogue	Me, My Body, My Health We Don't Have To Be The Same similarities differences unique skills talents confident self-confidence changeable teamwork community beloved Child of God Respecting Our Bodies body gift dis/respect special safe healthy in/appropriate balanced diet exercise sensible God Holy Spirit choice responsibility What Is Puberty? puberty childhood adulthood milestone timeline physical growth development body changes emotions gradual past future Child of God Changing Bodies puberty childhood adulthood private parts genitalia penis testicles scrotum vulva vagina breasts hips pubic hair muscles spots sweat hormones mood swings periods blood	Emotional Well-being What Am I Feeling? feelings emotions information experience reaction fear anger joy sadness boredom tiredness contentment uncomfortable masking emotional well-being action What Am I Looking At? media radio television newspapers magazines video games internet advertising influence social media truth reality stereotypes resilience self-confidence Facebook Snapchat TikTok Twitter Instagram I Am Thankful! OK un/acceptable un/healthy risky resilience thankfulness feelings actions In/appropriate peer pressure influence information choices wider context	Life Cycles A Time For Everything birth life childhood puberty adulthood death grief dying breathing heart life cycle heaven loss sad grumpy angry confused hard to concentrate lonely shocked puzzled Big Changes, Little Changes change grow expected unexpected exciting worrying growing up moving on transition manage feelings emotions God's love constant support coping strategies	Religious Understanding A Community Of Love Holy Trinity God Father Son (Jesus) Holy Spirit community of love mystery of faith married family signs symbols kind generous loving wise merciful good listening What Is The Church? Holy Trinity God Father Son (Jesus) Holy Spirit family Church Mass sacrament Community worship generous The Common Good The Human Person Social Relationships Stewardship Everyone is included, no-one left behind	Living in the Wider World How Do I Love Others? Church care love noticed respected included recognised appreciated secure not alone charity caritas generous love Emmaus homeless companions injustice prayer Money Matters money cash bank card credit card wants needs value for money spend save give attitudes values expectations priorities faith budget receipts tracking honesty thoughtfulness wisdom God's love	
Year 5	Religious Understanding Calming the Storm care love faith trust confidence power calm individual doubts troubles fear listen possible change puberty adult	Religious Understanding God Is Calling You Zacchaeus tax rich unpopular dis/honest un/satisfied material needs outlook perspective called created love others prayer conversation 'thank you' 'help' 'sorry' 'I'm feeling...'	Personal Relationships Under Pressure pressure un/spoken in/direct un/helpful choice good bad emotional well-being best interests time out critical perspective journal sense of humour Do You Want a Piece of Cake? pressure consent permission yes no	Life Online Sharing Isn't Always Caring personal safety digital world websites social media online TV online safety rules communication information entertainment email search engines restrictions sharing online username Cyberbullying online messages chatting online accuracy distorted misinterpreted	Keeping Safe Types of Abuse people places rules un/safe respect bodily privacy bodily autonomy physical touch in/appropriate abuse neglect physical abuse emotional abuse sexual abuse secrets rights freedom protection law intervene discrimination violence health violation	Religious Understanding The Holy Trinity Holy Trinity God the Father God the Son (Jesus) God the Holy Spirit love mystery of faith helper Good News the Creed the Church God's family home school parish diocese Catholic Social Teaching Catholic Social Teaching love	Living in the Wider World Reaching Out Catholic Social Teaching in/justice dignity family community participation rights responsibilities poor vulnerable workers solidarity care protect donate compassion The World Of Work Job work employer salary employee

			powerful powerless bodily autonomy respect control freedom confidence decisions choice children of God gift precious dignity Self-Talk positive negative self-talk thoughts feelings actions behaviour pressure healthy relationships beneficial risks safe balance expectations realistic emotional well-being	context cyberbullying bullying banter block delete save evidence report good online behaviour responsibility	Impacted Lifestyles drugs alcohol tobacco legal illegal recreational impact lifestyle lungs Oxygen heart blood smoke cigarettes chemicals Nicotine Carbon Monoxide tar organ damage pulse physical financial social impaired moderation responsibility independence honour respect Making Good Choices drugs alcohol tobacco pressure choice decision good bad conscience uncomfortable worried anxious upset distressed moderation self-confidence resilience well-being respect Giving Assistance First Aid casualty injury safe emergency services recovery position un/conscious DR ABC Danger Response Airway Breathing Circulation Defibrillator life-threatening environment hazards risk innate desire	relationships created equality justice dignity family community participation rights responsibilities poor vulnerable workers solidarity care	happiness fulfilment vocation stereotypes opportunities aspirations barriers life skills learning pathways self-esteem self-belief unique vocation God's plan PIXL Financial Education Package Session 1: Let's Talk Financial Wellbeing: How Can Money Choices Affect My Well-Being? save, spend, interest, wait, budget, plan, choice, account, borrow, lend, risk, credit, debt, benefits, re-pay, loan
Year 6	Religious Understanding Calming the Storm care love faith trust confidence power calm individual doubts troubles fear listen possible change puberty adult	Me, My Body, My Health Gifts and Talents similarities differences gifts talents unique loved child of God accept self-confidence value show off compare community faults weaknesses Girls' Bodies body hair growth spurt puberty breasts buds nipples hips widen waist narrows perspiration oily skin genitals vagina uterus menstruation development self-conscious embarrassed changing natural respect boundaries private Boys' Bodies body hair growth spurt puberty shoulders widen perspiration oily skin voice breaking genitals penis erections ejaculation semen urethra nocturnal emissions wet dreams hormones development self-conscious natural respect boundaries private Spots and Sleep embarrassed self-conscious spots sleep exercise personal hygiene screen time gaming addictive protein shake balanced diet choice impact health sun exposure dental hygiene	Emotional Well-being Body Image pressure peer pressure body image banter bullying thankfulness gratitude resist pressure build resilience Peculiar Feelings appropriate inappropriate behaviour actions feelings emotions thoughts manage reframe Emotional Changes appropriate inappropriate behaviour actions feelings emotions thoughts manage reframe scared excited happy intense crush infatuation puberty hormones mood swings HALT (Am I Hungry, Angry, Lonely or Tired?) Isolation loneliness mental-ill health Childline Seeing Things Online online good bad pornography appropriate inappropriate addictive emotional brain thinking brain harmless harmful truth love respect online safety	Life Cycles Making Babies - Part 1 pregnant parents baby conception sperm egg Fallopian Tube womb uterus implantation placenta umbilical cord embryo fetus vagina birth organ development belly button Menstruation period menstruation sanitary towel sanitary products period hygiene blood cramps premenstrual syndrome (PMS) moodiness bloating spots the menstrual cycle ovaries egg womb lining tissue implantation sperm vagina fertilisation marriage calling Hope Beyond Death death cemetery illness accident old age heaven eternal mystery afraid wake coffin funeral inquest obituary burial cremation gravestone epitaph hearse mourning interment urn grave deceased crematorium life everlasting Reception of the Body Requiem Mass memorial organ donation flowers hope grief pride absence natural process sad grumpy angry confused hard to concentrate lonely shocked puzzled messy Coping With Change celebrate gratitude memories thankfulness change transition secondary school responsibility opportunity support grief feelings challenges coping strategies communicate resilience God is with us God's love	Personal Relationships Confidence vs Control control needs boundaries mutual respect compassion honesty controlling consent choices responsibility courage resilience humility generosity consideration Build Others Up fairness bullying prejudice discrimination harassment protected characteristics age disability race marriage civil partnership pregnancy maternity religion belief kindness dignity worthy honour respect welcome build others up	Religious Understanding The Holy Trinity Holy Trinity God the Father God the Son (Jesus) God the Holy Spirit love mystery of faith helper Good News the Creed the Church God's family home school parish diocese Catholic Social Teaching Catholic Social Teaching love relationships created equality justice dignity family community participation rights responsibilities poor vulnerable workers solidarity care	Living in the Wider World Reaching Out Catholic Social Teaching in/justice dignity family community participation rights responsibilities poor vulnerable workers solidarity care protect donate compassion Money And Me Money payment cash cheque credit card debit card bank transfer online payment gift card loan tracking budget receipts saving goals hierarchy of needs attitudes feelings poverty wealth generosity stewardship tithing charitable giving talents ambitions